

Jumping Jac's Day Nursery

Pre School Daily Routine

All children have their individual routines and care plans, which include; sleeps, feeds, nappy changes, etc, which we of course follow on a daily basis. This is guidance to the activities offered throughout the day.

Morning Session

7:30-9:00 Arrival & Breakfast (7:30-8:45)

8:30-11:00 Child initiated learning (free flow). Children are encouraged to access all learning areas, equipment and resources throughout this time. There are Adult led activities which include; letters & sounds sessions, mathematical learning, rhythm & rhyme, music and movement, expressive arts and design... for both individual and group activities.

9:00-11:00 Outside Learning; children are encouraged to access the learning zones, through child initiated learning and adult structured activities. Gross motor skills are a focus and the fresh air to encourage health and well being, to each child.

9:00-11:00 Cafe is open throughout this time, encouraging all children to make healthy choices and using their independence skills and good hygiene practices.

11:00-11:15 Tidy Up Time; the children are encouraged to put away their toys throughout the day, once they have finished playing with them.

11:15-11:30 Group Time;(3&4 year olds) the children sit in their Key Person groups, ready for a reflection session, story and physical time.

11:15-11:20 Circle time for (2 year olds), talking about what they have enjoyed doing throughout the morning.

11.20-11.30 Physical and story time (2 year olds)

11:30-11.45 Hygiene & Toilet Time; we wash our hands ready for our meal, structured activities at the table building bonds and relationships with peers and carers.

12:00-1:00 Lunch Time; a self service routine, where social interaction is encouraged and displayed.

1:00 Rest & Dream Time; children have the opportunity to rest and sleep, based on their individual daily routines in our quiet sensory room. There are adult led activities that commence for children who are ready for the next session.

Afternoon Session

1:00-3:00 Child initiated learning (free flow). Children are encouraged to access all learning areas, equipment and resources throughout this time. There are Adult led activities which include; letters & sounds sessions, mathematical learning, rhythm & rhyme, music and movement, expressive arts and design... for both individual and group activities.

1:00-3:00 Outside Learning; children are encouraged to access the learning zones, through child initiated learning and adult structured activities. Gross motor skills are a focus and the fresh air to encourage health and well being, to each child.

1:00-3:00 Cafe is open throughout this time, encouraging all children to make healthy choices and using their independence skills and good hygiene practices.

3:00-3:15 Tidy Up Time; the children are encouraged to put away their toys throughout the day, once they have finished playing with them.

3:15-3:45 Group Time; the children sit in their Key Person groups, ready for a reflection session, story and physical

3:15-3.20 Circle time for (2 year olds), talking about what they have enjoyed doing throughout the morning.

3.20-3.30 Physical and story time (2 year olds)

3:30-3.45 Hygiene & Toilet Time; we wash our hands ready for our meal, structured activity at the table.

4:00-5:00 Tea Time; a self service routine, where social interaction is encouraged and displayed.

5:00-6:00 Child Initiated learning (free flow).

3:00-6:00 Home Time